

When Ethics Meets Well-Being and Mental Health Apps: Moral and Social Issues of Pursuing the Good Life with a Smartphone

Online Workshop, May 25, 2021

Zoom link to the workshop: <https://uzh.zoom.us/j/62323589806>, Kenncode (password): 449032

12:00	Welcome / Program	Nikola Biller-Andorno (University of Zurich)
12:10	Panel 1 Moderator: Jana Sedlakova	<p>Amit Baumel (University of Haifa): <i>New conceptualizations of digital mental health care</i></p> <p>Eleonora Viganò (University of Zurich): <i>The paradox of digital well-being technologies: improving some aspects of well-being while limiting the good life</i></p> <p>Andrea Ferrario (ETH Zurich): <i>The better life: two case studies on the use of technology to improve well-being in adult life</i></p>
12:55	Questions & Answers	
13:15	Lunch	
14:45	Panel 2 Moderator: Eleonora Viganò	<p>Valentijn Visch (TuDelft): <i>Ethics and their stakeholders in healthcare prevention apps</i></p> <p>Tania Manríquez (University of Zurich): <i>A manipulation threat of machine learning apps for mental health and well-being</i></p> <p>Matthew Dennis (Eindhoven University of Technology): <i>Repurposing persuasive technologies for digital well-being</i></p>
15:30	Questions & Answers	
15:50	Break	
16:10	Panel 3 Moderator: Tania Manríquez	<p>Nicole Martínez (Stanford University): <i>Equity & access in digital mental health</i></p> <p>Jana Sedlakova (University of Zurich): <i>Agency of conversational artificial intelligence for mental health and well-being: normative and epistemic perspectives</i></p> <p>Sonja Schläpfer (University of Zurich): <i>Development of a mindfulness and relaxation app and evaluation of the effectiveness on cancer patients' distress: a randomized controlled multicenter study</i></p>
16:55	Questions & Answers	
17:15	Short break	
17:25	Round table and final words	
18:00	End of the workshop	

The event is funded by the UZH GRC grant and organized by Tania Manríquez, Jana Sedlakova, Sonja Schläpfer, and Eleonora Viganò. For further information, please contact tania.manriquez@ibme.uzh.ch.