

## PUBLICATION LIST

(September 2020)

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(Total impact points: 146.03)

### Journal articles

- Trachsel, M.**, & Appelbaum, P. S. (2020). A narrative coherence standard for the evaluation of decisional capacity: turning back the clock. *AJOB Neuroscience*, *11*(1), 1-3.
- Stoll, J., Sadler, J. Z., & **Trachsel, M.** (2020). The ethical use of telepsychiatry in the COVID-19 pandemic. *Frontiers in Psychiatry*, *1*:665.
- Gerger, H., Frey Nascimento, A., Locher, C., Gaab, J., & **Trachsel, M.** (2020). What are the Key Characteristics of a 'Good' Psychotherapy? Calling for Ethical Patient Involvement. *Frontiers in Psychiatry*, *10*:3389.
- Hermann, H., Feuz, M., **Trachsel, M.**, & Biller-Andorno, N. (2020). Decision-making capacity: From testing to evaluation. *Medicine, Healthcare, and Philosophy*.  
<https://doi.org/10.1007/s11019-019-09930-6>
- Stoll, J., Müller, J. A., & **Trachsel, M.** (2020). Ethical Issues in Online Psychotherapy: A Narrative Review. *Frontiers in Psychiatry*, *10*:993.
- Poppe, C., Elger, B. E., Wangmo, T., & **Trachsel, M.** (2020). Evaluation of decision-making capacity in patients with dementia: Challenges and recommendations from a secondary analysis of qualitative interviews. *BMC Medical Ethics*. *21*:55. [doi.org/10.1186/s12910-020-00498-y](https://doi.org/10.1186/s12910-020-00498-y)
- Appenzeller, Y. E., Appelbaum, P. S., & **Trachsel, M.** (2019). Ethical and practical issues in video surveillance of psychiatric units. *Psychiatric Services*.
- Trachsel, M.**, & grosse Holtforth, M. (2019). How to strengthen patients' meaning response by an ethical informed consent in psychotherapy. *Frontiers in Psychology*. *10*:1747. [doi: 10.3389/fpsyg.2019.01747](https://doi.org/10.3389/fpsyg.2019.01747)
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- Gramm, J., **Trachsel, M.**, & Berthold, D. (in press). Psychotherapeutisches Arbeiten in Palliative Care. *Verhaltenstherapie / Cognitive Behavior Therapy*.
- Hodel, M. A., Hoff, P., Irwin, S. A., Biller-Andorno, N., Riese, F., & **Trachsel, M.** (2019). Attitudes toward assisted suicide requests in the context of severe and persistent mental illness: A survey of psychiatrists in Switzerland. *Palliative and Supportive Care*, *1*–7.

- Trachsel, M.,** Hodel, M. A. Irwin, S. A., Hoff, P., Biller-Andorno, N., & Riese, F. (2019). Acceptability of palliative care approaches for patients with severe and persistent mental illness: a survey of psychiatrists in Switzerland. *BMC Psychiatry*, *19*(111), 1-9.
- Biller-Andorno, N., & **Trachsel, M.** (2019). No exceptionalism for informed consent in psychotherapy. *Swiss Medical Weekly*, *149*:w20146.
- Trachsel, M.,** & Biller-Andorno, N. (2019). Informed consent for psychotherapy includes much more than the setting. *Swiss Medical Weekly*, *149*:w20058.
- Zürcher, T., Elger, B., & **Trachsel, M.** (2019). The notion of free will and its ethical relevance for decision-making capacity. *BMC Medical Ethics*, *19*(20), 1–10.
- Trachsel, M.,** & Hodel, M. A. (2019). Palliative sedation on the grounds of intolerable psychological suffering and its implications for treatment-refractory mental disorders. *Bioethica Forum. Swiss Journal of Biomedical Ethics*, *11*(2/3), 45-49.
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**Trachsel, M.** (2016). Mit zweierlei Mass: Die mangelnde Verbindlichkeit psychiatrischer Patientenverfügungen in der Schweiz. *Ethik in der Medizin*, 28(3), 239–247.

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Blease, C., **Trachsel, M.,** & grosse Holtforth, M. (2016). Paternalism, placebos, and informed consent in psychotherapy: the challenge of ethical disclosure. *Verhaltenstherapie / Cognitive Behavior Therapy*, 26, 22–30.

Hermann, H., **Trachsel, M.,** & Biller-Andorno, N. (2016). Einwilligungsfähigkeit: Inhärente Fähigkeit oder ethisches Urteil? [Decision-making capacity: Intrinsic ability or ethical judgment?] *Ethik in der Medizin*, 28(2), 107–120.

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**Trachsel, M.,** grosse Holtforth, M., Biller-Andorno, N., & Appelbaum, P. S. (2015). Informed consent for psychotherapy: still not routine. *The Lancet Psychiatry*, 2(9), 775–777.

- Trachsel, M.,** Wild, V., Krones, T., & Biller-Andorno, N. (2015). Compulsory treatment in chronic anorexia nervosa by all means? Searching for a middle ground between a curative and a palliative approach. *American Journal of Bioethics*, 15(7), 55-56.
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- Hermann, H., **Trachsel, M.,** & Biller-Andorno, N. (2015). Physicians' personal values in determining medical decision-making capacity: A survey study. *Journal of Medical Ethics*, 41(9), 739-744.
- Trachsel, M.,** & Hürlimann, D. (2015). Selbstschädigung durch Suchtmittel aus ethischer und rechtlicher Sicht. *Suchtmagazin*, 4, 8-11.
- Hermann, H., **Trachsel, M.,** Mitchell, C., & Biller-Andorno, N. (2014). Medical decision-making capacity: knowledge, attitudes, and assessment practices of physicians in Switzerland. *Swiss Medical Weekly*, 144:w14039.
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- Trachsel, M.,** Porz, R., & Laederach, K. (2012). Mood-Enhancement mittels Antidepressiva. Ethische Fragen zu Authentizität und Gerechtigkeit [Mood-enhancement through the use of antidepressants: ethical aspects with regard to authenticity and justice]. *Bioethica Forum. Swiss Journal of Biomedical Ethics*, 5(4), 156-161.
- Trachsel, M.,** Ferrari, L., & grosse Holforth, M. (2012). Two very brief interventions for resolving relational ambivalence. A randomized controlled trial of cognitive and experiential techniques. *Canadian Journal of Counselling and Psychotherapy*, 46 (3), 239-258.
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### Books and book chapters

Corre, V., Bhola, P., & **Trachsel, M.** (2020). Ethical issues in psychotherapy research. In M. Trachsel, S. Tekin, J. Gaab, N. Biller-Andorno, & J. S. Sadler (Eds.). *The Oxford Handbook of Psychotherapy Ethics*. Oxford, Oxford University Press.

Blease, C., Kelley, J. M., & **Trachsel, M.** (2020). Patient information on evidence and clinical effectiveness of psychotherapy. In M. Trachsel, S. Tekin, J. Gaab, N. Biller-Andorno, & J. S. Sadler (Eds.). *The Oxford Handbook of Psychotherapy Ethics*. Oxford, Oxford University Press.

Kaufmann, P., **Trachsel, M.**, & Walther C. (2020). *Fallbeispiele zur Diskussion über den Freiwilligen Verzicht auf Nahrung und Flüssigkeit*. Stuttgart: Kohlhammer.

Stoll, J., & **Trachsel, M.** (2019). Ethical aspects of online psychotherapy. In M. Trachsel, S. Tekin, J. Gaab, N. Biller-Andorno, & J. S. Sadler (Eds.). *The Oxford Handbook of Psychotherapy Ethics*. Oxford, Oxford University Press.

Zur, O., & **Trachsel, M.** (2019). Beyond the office walls: ethical issues of home treatment, and other out-of-office therapies. In M. Trachsel, S. Tekin, J. Gaab, N. Biller-Andorno, & J. S. Sadler (Eds.). *The Oxford Handbook of Psychotherapy Ethics*. Oxford, Oxford University Press.

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Irwin, S. A., Hirst, J., **Trachsel, M.**, Samsel, C., Briscoe, J., & Bates, N. (in press). Psychological and psychiatric issues in palliative care. In: N. Dimitrov (Ed.). *Palliative care medicine for physician assistants: fostering resilience and managing seriously ill patients*. Oxford: Oxford University Press.

Irwin, S. A., Fairman, N., Samsel, C., Hirst, J., Webb, J. A., **Trachsel, M.** (in press). Psychological and psychiatric aspects of palliative and end-of-life care: Synergies between psycho-oncology and palliative care. In: W. Breitbart, P. Jacobsen, M. Loscalzo, P. Butow, M. Lazenby, & W. Lam (Eds.). *Psycho-Oncology. 4th edition*. Oxford: Oxford University Press.

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- Trachsel, M.**, Mitchell, C., & Biller-Andorno, N. (2014). Advance directives between respect for patient autonomy and paternalism. In P. Lack, N. Biller-Andorno, & S. Brauer (Hrsg.). *Advance directives, International Library of Ethics, Law, and the New Medicine 54*. Dordrecht: Springer Science+Business Media.
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### Conference presentations

- Trachsel, M.**, & Jox R. J. (2020, June). *Suffering is not enough: The ethics of medical assistance in dying for patients with severe and persistent mental illness*. Presentation held at the 15<sup>th</sup> World Congress of Bioethics (WCB), Philadelphia, PA.
- Trachsel, M.**, (2019, September). *Assistierte Selbsttötung bei Personen mit schweren chronischen psychischen Erkrankungen: Erwägungen zu unerträglichem Leiden und Urteilsfähigkeit*. Präsentation am PSY-Kongress der Schweizerischen Gesellschaft für Psychiatrie und Psychotherapie (SGPP), Bern, Schweiz.

- Trachsel, M.**, (2019, September). *Ethik als Teil der Medical Humanities am Beispiel von Sexismus und Rassismus*. Präsentation am PSY-Kongress der Schweizerischen Gesellschaft für Psychiatrie und Psychotherapie (SGPP), Bern, Schweiz.
- Hodel, M. A., Hoff, P., Irwin, S. A., Riese, F., Biller-Andorno, N., & **Trachsel, M.**, (2018, November). *Assisted dying on the basis of a primary psychiatric illness – results from a survey study among psychiatrists in Switzerland*. Presentation held at the Annual Conference of the German Association of Psychiatry, Psychotherapy, and Psychosomatics (DGPPN), Berlin, Germany.
- Trachsel, M.**, & Gaab, J. (2018, June). *The “Big Four E” of good psychotherapy: effectiveness, expediency, economy, and ethics*. Presentation held at the 22<sup>nd</sup> World Congress of Psychotherapy of the International Federation of Psychotherapy, Amsterdam, The Netherlands.
- Trachsel, M.**, (2018, Juni). *Palliative Care bei schweren chronischen psychischen Störungen* Präsentation an der öffentlichen Fachtagung “Palliative Care und Psychiatrie - Prioritäten, Autonomie, Ethik und Perspektiven der Versorgung ” des Forums Gesundheit und Medizin, Volkshaus, Zürich.
- Trachsel, M.** (2018, März). *Ethische Aspekte von Zwang und klinische Ethikberatung in der Psychiatrie*. Präsentation an der Sozialkonferenz zu Ethik, macht und Zwang an den Universitären Psychiatrischen Diensten Bern.
- Trachsel, M.** (2018, März). *Ethik in der Psychotherapie*. Präsentation beim Schweizerischen Berufsverband für Angewandte Psychologie (SBAP), Kaufleuten, Zürich.
- Trachsel, M.**, & Hodel, M. A., Irwin, S. A., Biller-Andorno, N., Hoff, P., & Riese, F. (2018, February). *Palliative care for patients with severe persistent mental illness? Findings from a survey in Switzerland and the United States*. Presentation held at the 25<sup>th</sup> International Conference of the Indian Association of Palliative Care, New Delhi, India.
- Trachsel, M.** (2017, November). *Urteilsfähigkeit: Konzept, Relevanz und klinische Beurteilung*. Präsentation am Jahreskongress der Schweizerischen Gesellschaft für Anästhesiologie und Reanimation, Interlaken.
- Trachsel, M.** (2017, November). *Urteilsfähigkeit: Ethische Herausforderung bei der Beurteilung*. Präsentation im Rahmen der Fortbildung zu Beurteilung der Urteilsfähigkeit bei Menschen mit Demenz – eine Herausforderung im ärztlichen Alltag am Felix Platter-Spital, Basel.
- Hodel, M. A., **Trachsel, M.**, Irwin, S. A., Biller-Andorno, N., Hoff, P., & Riese, F. (2017, October). *Goals of care for severe and persistent mentally ill patients: A survey of psychiatrists in Switzerland*. Presentation held at the WPA World Congress, Berlin, Germany.
- Trachsel, M.** (2017, August). *Ethische Herausforderungen beim Advance Care Planning (ACP)*. Präsentation im Rahmen des Fachsymposiums Palliative Care, Inselspital Bern, Zentrum für Palliative Care.
- Hodel, M. A., & **Trachsel, M.** (2017, June). *Palliative care in psychiatry: antithetic or complementary in the treatment of severe and persistent mental illness?* Presentation held at the 9. Merheimer Psychiatriesymposium, LVR-Klinik, Köln, Germany.
- Trachsel, M.**, & Hodel, M. A., Irwin, S. A., Biller-Andorno, N., Hoff, P., & Riese, F. (2017, May). *Palliative Approaches in Psychiatry. A possible way of rethinking the care of patients*

*suffering from severe persistent mental illness?* Presentation held at the Annual Meeting of the American Psychiatric Association, San Diego, California.

**Trachsel, M.** (2017, März). *Psychische Belastungen im Sterbeprozess und existenzielle Themen am Lebensende*. Präsentation an der SBK Frühjahrstagung zum Thema «Das Lebensende friedvoll gestalten», Bern.

**Trachsel, M., & Hodel, M. A.** (2017, February). *Palliative Care for Severe Persistent Mental Illness. An approach whose time has not yet come for developing countries?* Presentation held at the 24<sup>th</sup> International Palliative Care Conference of the Indian Association of Palliative Care, Coimbatore, Tamil Nadu, India.

**Trachsel, M.** (2015, November). *Palliative approaches for severe and persistent mental illness?* Presentation held at the Annual Conference of the German Association of Psychiatry, Psychotherapy, and Psychosomatics, Berlin, Germany.

**Trachsel, M.** (2015, November). *Decision-making capacity: Ethical relevance, conceptual challenge, and professional assessment*. Presentation held at the Symposium of the Ethics Forum of the Clinic for Psychiatry and Psychotherapy Clenia Schlössli, Oetwil, Switzerland.

**Trachsel, M.** (2015, November). *Assessing decision-making capacity*. Presentation held at the Institute of Biomedical Ethics 10<sup>th</sup> Anniversary Symposium, Zurich, Switzerland.

**Trachsel, M.** (2015, November). *Palliative psychiatry as a new paradigm for severe and persistent mental illness?* Presentation held at the task force “Ethics in Psychiatry” of the Academy of Ethics in Medicine, Göttingen, Germany.

Hermann, H., **Trachsel, M.**, & Biller-Andorno, N. (2015, September). *Development and implementation of a decision-making capacity assessment training and evaluation aid: Current project status of a qualitative study*. Presentation held at the European Association of Centres of Medical Ethics (EACME) Annual Conference, Cagliari, Sardinia, Italy.

Hermann, H., **Trachsel, M.**, & Biller-Andorno, N. (2015, September). *UUKit: Beurteilung der Urteilsfähigkeit im Kontext medizinischer Entscheidungen*. Presentation held at the Jahreskongress der Schweizerischen Gesellschaft für Psychiatrie und Psychotherapie, Bern, Switzerland.

**Trachsel, M.**, Hermann, H., & Biller-Andorno, N. (2015, July). *Mental competence: knowledge, attitudes and assessment practices of physicians in Switzerland*. Presentation held at the XXXIV<sup>th</sup> International Congress on Law and Mental Health, Vienna, Austria.

Hermann, H., **Trachsel, M.**, & Biller-Andorno, N. (2015, July). *Rethinking instruments for determining mental competence*. Presentation held at the XXXIV<sup>th</sup> International Congress on Law and Mental Health, Vienna, Austria.

**Trachsel, M.** (2015, May). *Palliative care for a patient with a therapy-refractory severe mental disorder*. Presentation held at the „11<sup>th</sup> Annual International Conference on Clinical Ethics and Consultation – Improving Quality and Professionalism of Clinical Ethics Education & Consultation“. Icahn School of Medicine at Mount Sinai, New York City, New York.

**Trachsel, M.**, & Biller-Andorno, N. (2014, June). *Disclosure of Placebo Related Effects to Patients as a Moral Obligation?* Presentation held at the Conference “Psychotherapy and the Placebo Effect: an Ethical Analysis”. Brocher Foundation, Geneva, Switzerland.



- Trachsel, M.** (2014, April). *Moral challenges with regard to treatment decisions for mental disorders*. Presentation held at the Conference “Edges of the Will – Decisions and consent in borderline situations of medicine”. Schloss Herrenhausen, Hannover, Germany.
- Trachsel, M., Hermann, H., & Biller-Andorno, N.** (2014, January). *The moral need for decision-making capacity assessment training in the education of physicians*. Presentation held at the New Zealand Bioethics Conference “New questions – new answers”. University of Otago, Dunedin, New Zealand.
- Hermann, H., **Trachsel, M.** & Biller-Andorno, N. (2013, July). *The dual process model of information processing in medical decision-making capacity*. Presentation held at the conference „Planning later life – bioethics and politics in aging societies“. University of Göttingen, Germany.
- Hermann, H., **Trachsel, M.** & Biller-Andorno, N. (2012, November). *Decision-making incapacity at the end of life: The challenge to define the concept*. Presentation held at the Fall Seminar of the Swiss Association of Biomedical Ethics, Bigorio, Switzerland.
- Trachsel, M.** (2012, October). *Cognitive fluctuation as challenge for the assessment of decision-making capacity in patients with dementia*. Presentation held at the conference „Bioethics and the Sciences of Aging – The case of dementia“. University of California, Berkeley, California.
- Trachsel, M., Hermann, H., Biller-Andorno, N.** (2012, September). *Decision-making incapacity at the end of life and its assessment in Switzerland*. Presentation held at the Kick-off conference of the National Research Programme NRP-67 “End of life” of the Swiss National Science Foundation SNF. Solothurn, Switzerland.
- Trachsel, M.** (2011, Oktober). *Ambivalenzen und ihre Bearbeitung in der psychologischen Psychotherapie*. Präsentation am Collegium generale der Universität Bern, Schweiz.
- Krieger, T., **Trachsel, M.**, Antonello, S., & grosse Holtforth, M. (2009, October). *Adaption turned sour: perceived entrapment and its role in depression*. Paper presented at the 7<sup>th</sup> conference of the European chapter of the Society for Psychotherapy Research, Bolzano/Bozen, IT.
- grosse Holtforth, M., & **Trachsel, M.** (2007, Mai). *Vermeidung von Gefühlsausdruck in der Psychotherapie depressiver Patienten*. Vortrag am 25. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs) in Tübingen, Deutschland.

### Poster presentations

- Trachsel, M., & Stoll, J.** (2020, June). *Clinical ethics support services and its effects on coercive measures in psychiatry: research design of a multicenter, cluster randomized, controlled trial in Switzerland*. Poster presented at the 15<sup>th</sup> World Congress of Bioethics (WCB), Philadelphia, PA.
- Trachsel, M., Hermann, H. & Biller-Andorno, N.** (2013, November). *Risk-relativity of decision-making capacity in palliative care*. Poster presented at the conference „Palliative Care: Knowing More, Understanding Better“. Bern, Switzerland.
- Hermann, H., **Trachsel, M.**, Biller-Andorno, N. (2012, September). *Decision-making incapacity at the end of life and its assessment in Switzerland*. Poster presented at the Kick-off conference

of the National Research Programme NRP-67 “End of life” of the Swiss National Science Foundation SNF. Solothurn, Switzerland.

Krieger, T., **Trachsel, M.**, Grosse Holtforth, M. (2010, Juni). *No way out! – The feeling of being trapped and its relation to depression*. Poster presented at the 41. Annual Meeting of the Society for Psychotherapy Research, Asilomar, CA, USA.

### **News and media**

2017 Clinical Psychiatry News:

<https://www.mdedge.com/clinicalpsychiatrynews/article/147434/schizophrenia-other-psychotic-disorders/palliative-care>

2017 ARTE: Interview für die Wissens-Sendung Xenius zum Thema «Sterben- Wie gehen wir am besten mit dem Tod um?»

2015 Schweizer Fernsehen SRF:

Kommentar von Manuel Trachsel in der SRF-Tagesschau vom 03.01.2015 zu psychiatrischen Patientenverfügungen